

School distinguished by Apple

page 6

Behind the counter at Tom's

page 20

Christmas in Bolnore

page 13

Including...

Bolhore

4 PAGE SECTION



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FDITORIAL

By David Tingley, Editor Here we are, right on top of Christmas. Are you prepared? Whatever your situation, I hope you

are able to find time to sit on the sofa with a cuppa and this month's seasonal selection of articles.

There's exciting news for Haywards Heath Rugby Football Club, as they recently unveiled the proposed plans for the development of their site at Whitemans Green, See page 8 for more information.

Warden Park teachers and staff have also got something to smile about, as the academy has been recognised as an 'Apple Distinguished School'. Headteacher **Dom Kenrick** tells us more on page 6.

If you live in **Bolnore** - we have some special content pages for you, starting on page 10. Elaine Goodwin takes the '5 minutes with' quiz on page 12 and there's details of Christmas services at Grace Church on page 13.

On page 20 Jacqueline Elmore goes Behind the **Counter** of Tom's Food on the High Street in the village. Thanks to **Tom Colvill** for sharing his story with us.

We know you love reading stories from folk in the community, so if you know of someone who you believe should be featured on our pages in 2019, do please drop us an email to: editor@cuckfieldlife.co.uk.

Page 32 is the home of a feature about the flourishing Cuckfield Dramatic Society - which is also proud to be hosting a Christmas Cabaret later this month. Check it out!

On page 36 we have printed an updated location map of all the **defibrillators** in the area. Working with Cuckfield's Wendy Tracey-Roberts, we have made changes as needed. If you know of any more, or need to correct this information, do please let us know here.

Finally, I'm grateful to Caroline Young for providing us with a few last minute Christmas recipes on page 44's Simply Good Food.

Happy Christmas one and all!

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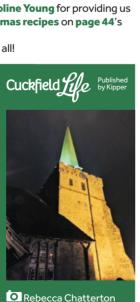
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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@cuckfieldlife.co.uk.

Powerful projections

Cuckfield resident lain Pringle set up a visual display to honour the men of WWI on Armistice Night, last month.

As seen here, the side of lain's home (Durnford House) showed images of all 72 men from the village who died in the First World War – which he organised by rigging up a projection system from his parked car. The huge portraits had a big impact on those walking from the village to the Beacon lighting on Whitemans Green.

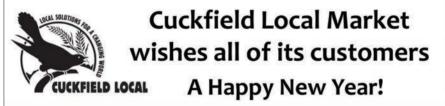
lain, who is also a piper, played laments on his pipes as people arrived at the Beacon.





Beacon lighting was very moving

As part of Cuckfield Remembers 1918-2018, the final element of the commemoration was the Beacon Lighting at Whitemans Green on Armistice Night. With thanks to Cuckfield Bonfire Society for its help in building and lighting on the day – this image was taken by Jasmine Mamoany with the 'There but not there' Tommy in the foreground.





Don't forget, we have no market in January..

For market updates follow us on Twitter @Cuckfield Local

www.cuckfieldlocal.wordpress.com





#ForTheNow exhibition goes live

A photographer and Cuckfield resident is showing her work in a unique exhibition at Green Tree Gallery this month.

Sophie Mitchell was granted rare access to Chestnut Tree House – the only children's hospice in Sussex - in order to showcase the 'life and colour' which is on show at the charity's building in Arundel every day.

Green Tree Gallery co-owner Sam Phillips explained why they are happy to support the charity: "In the frenzied run-up to Christmas it's a particularly apt time to showcase how Chestnut Tree House helps children with life-limiting conditions live 'For The Now'. We are delighted to give wall space to Sophie's amazing photos which tell such an uplifting story."

#ForTheNow features over 100 of Sophie's photos and is running until 21st December at Green Tree Gallery, at Borde Hill Garden.





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Warden Park Secondary Academy is pleased to announce that it has been recognised as an Apple Distinguished School for 2018–2021 for its development of digital learning using an iPad.

Apple Distinguished Schools are centres of innovation, leadership and educational excellence that use Apple products to inspire creativity, collaboration and critical thinking. They showcase innovative uses of technology in learning, teaching and the school environment and have documented results of academic accomplishment.

Dom Kenrick, Headteacher, says: "This accreditation, as a centre of excellence, is testimony to the successful research, development and implementation that has gone on over several years to embed the use of digital technologies into our teaching and learning processes.

Through the use of digital technologies our teachers are providing innovative new learning opportunities that are empowering our students to deepen their learning, extend their creativity and develop their independence. This shows our success as an innovative and compelling learning environment that engages students and provides tangible evidence of academic accomplishment. Warden Park continues to uphold its traditional values whilst ensuring that students leave with a strong digital learning background enabling them to work and collaborate in an increasingly digital world.

"Warden Park Secondary Academy is a high performing 11-16 school for 1,500 students living in the Mid Sussex area," he continued. "Student outcomes place us in the top 20% of schools nationally and we are heavily oversubscribed for places in Year 7."

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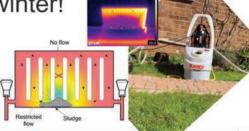
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Entrance Elevation

Exciting plan for Haywards Heath Rugby Club

For a number of years the clubhouse and related amenities at Haywards Heath Rugby Football Club (HHRFC) at Whitemans Green, Cuckfield have been deemed inadequate. Currently it does not satisfy the needs of a growing community of rugby players, families and supporters and is in reality no longer fit for purpose.

With the generous assistance of the club's main sponsor, Fairfax and its education foundation Fairfax Building Young Futures, the Club is planning to build a brand new, state of the art

multi-sports pavilion at Whitemans Green.

This will provide the rugby club with a new two-storey clubhouse offering facilities to support other local sports clubs, provide Fairfax Building Young Futures with an operational base and offer enormous benefits for the health and well-being of the local and wider Mid Sussex community.

The timetable for this project is ambitious but achievable with the goal to have the new facilities operating by the start of the 2020/21 season.

This development will bring tangible benefits to the

local community for the next decade and beyond.
Both current and future generations of players and supporters now have a fantastic opportunity to create a new, prestigious and worthy home for HHRFC.



Elevation to Whitemans Green

The project is in full swing and a public consultation with the project team took place at the clubhouse on 5th December to discuss the plans and answer questions. If you were not present and have any queries then please feel free to contact HHRFC by email: ruqby@hhrfc.co.uk.



Merry Christmas to all our all clients past, present and future!

Our new address is

Aberdeen House, South Road Haywards Heath, West Sussex, RH16 4NG







Christmas Fair

The Primary School will be holding its annual Christmas Fair on Monday 17th December.

Organisers say that although the Fair will be on a smaller scale this year, it will still feature plenty of festive fun for young and old alike!

Held at the school between 3.30pm and 5pm, there will be a chocolate tombola, secret present room, raffle and refreshments – of course!

Although there will not be a grotto this year, organisers are hoping that Father Christmas will be paying a visit during the afternoon.

All are welcome to come along, buy some gifts and support your local school.

Fundraising joy for school

The Friends of Bolnore Village Primary School (FoBVPS) were delighted to find out that their grant application for the Morrison Foundation as successful as have been awarded £500 which will allow them continue supporting the school with their Forest School programme.

Jo Roberts commented: "Forest School is such an important part of being at Bolnore, providing children from across the whole school with the opportunity to learn outdoors and is also a great way to promote physical development and a healthy lifestyle. The FOBVPS have recently made a huge contribution to buying new tools, resources and rebarking the Forest School site. Without the FoBVPS support the school will not be able to continue to operate the programme in its current unique and successful way."

The school has also recently celebrated the amazing total of £3,500 raised via the Co-op's Community Fund.

Bolnore Book Swap open

Residents of Bolnore
Village now have their own
lending library available at
the Woodside! The Bolnore
Book Swap is a simple
concept... give a book, get
a book! Two bookcases
have been installed, one
for children's and one for
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preloved books along, drop
them off and choose any
new ones that you would
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books to donate but is not able to get to the Woodside, then please feel free to contact Amanda Saunders (aksaunders1@gmail.com), who has set up the initiative, who will be happy to collect them from you.

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Elaine Goodwin

Elaine is a software developer for an IT company in Haywards Heath and she loves organising events that bring people together. She comes from a large Maltese family giving her 15 aunts and uncles and 49 cousins!

How long have you lived in Bolnore? 6 years

What's the best thing about being here? The school and the school community

Favourite ice cream flavour? Mint choc chip

How many houses have you lived in? 14 – 2 in Bolnore

What would you like to see in Bolnore that isn't here? A Post Office

Favourite holiday destination? The Maldives

Song you play the most?Promises – Calvin Harris & Sam Smith

What would you do if you won £1million? Buy an old house to renovate

What was the last present you gave someone? A colouring book

Strangest thing you've ever eaten?Beef tongue in Japan

Which would you rather give up for a month – TV or music? TV

Which App on your phone do you use the most? Facebook – as much as I hate it!

What's your proudest moment? Becoming a Mum

Your advice for life?

Spend as much time as you can doing something you love

If you would like to provide your own answers for 5 Minutes With, simply email them to editor@cuckfieldlife.co.uk along with a photo of yourself, or do please encourage a friend to send their answers in!

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Christmas in Bolnore

By Dan Woodfield

You are invited to celebrate this Christmas Season with Grace Church Haywards Heath! We are a friendly family church located in the heart of the Bolnore Village Community, meeting at The Woodside Centre. The church is made up of people from different nationalities, various stages of life (we have around 30 kids every Sunday) and backgrounds. We're very used to welcoming anyone and everyone.

We realise that Christmas can be a wonderful time of celebration and joy for many. For others Christmas can be a tough time for many reasons. Still for others, Christmas is a time which raises questions about life, hope and faith. Whichever group you fall into, you are welcome to join us!

Christmas holds a special place in the hearts of many of us as wonderful memories but also in our journey of faith and spirituality. At Grace Church, we want to provide as much opportunity to explore the meaning of Christmas as possible, to make the most of the spiritual significance of the season. All of our services include a Christmas message - digging into the historical events and spiritual significance of the Christmas Story and the birth of Jesus Christ. This is a particularly exciting part of Christmas for us, and we hope it will be for you too.

Christmas refreshments will be provided at all our events, making our Christmas Services a wonderful opportunity to meet new people from the community in a fun, relaxed and seasonal setting.

We will be running a number of special Christmas Services:

Carols by Candlelight – Sunday 16th December, 4pm – Join us as we gather to sing traditional carols under the soft glow of candlelight, enjoy mulled wine and mince pies, and reflect on the Christmas Story together. We run a Children's Christmas Party upstairs during the Carols as well, so feel free to bring the whole family.

Christingle Service – Monday 24th December, 4pm – On Christmas Eve, we fill The Woodside with as many people as we can fit and give a Christingle to as many children as want one. This is a family-friendly service with popular Christmas Songs, an age-appropriate Christmas Reflection and a Christingle for every child. Of course, Christmas snacks are provided both before and after the Service.

Christmas Day Celebration – Tuesday 25th December, 10.30am – On Christmas Day, we gather together to celebrate together as a local community. This is a short service with Christmas Carols and a Christmas Message to get us thinking about the significance of the birth and life of Jesus Christ. Don't worry, we promise we'll finish with plenty of time to get back for Christmas Lunch!



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O COME LET US ADORE HIM?

The wise men went to Bethlehem to worship and adore Jesus above everything else.

Given that everyone lives for something or someone, why do so many decide to live for and adore Jesus above everything else?

All are welcome to join us for our Carol service on the 16th Dec 2018, starting at 4pm at Cuckfield Baptist Church.

Creche & Children's activity included.



Christmas carols for Alzeimer's Society

Residents from Cuckfield and the surrounding areas are invited to get festive by joining this year's Alzheimer's Society's Cuckfield Christmas Carol Concert.

Organised by members of the Mid Sussex Dementia Forum – a group of people living well with dementia – the concert will be held on Friday 14th December at 3.30pm at Holy Trinity Church.

The congregation will hit the high notes with traditional and non-traditional Christmas carols and readings.

The concert will be followed by a Christmas Café from 4.30pm with free refreshments and all are welcome to attend. Tim Wilkins, Alzheimer's Society Service User Involvement Officer for West Sussex, said: "A lot of hard work has gone into organising this year's Christmas Carol Concert in Cuckfield by these inspirational people with dementia, and I am sure it will be a fantastic event. This concert will also help raise awareness of dementia in the local area. Please come along and join us."

For more information on the event, or if you have any questions about dementia, call Alzheimer's Society Sussex Helpline on 01403 213017.



Sherlock Holmes comes to Cuckfield

This Christmas join Sherlock Holmes, together with his trusty sidekick Watson, and watch a case unfold that is less elementary and more fantastical than ever before. Hailed as 'a delicious mirthfest', Rain or Shine will once again be reinventing the classic Sherlock Holmes characters using their now signature 'Morecambe & Wise-ish comedy' style for another season of mystery, mayhem, but above all multi-role madness! Set in authentic Victorian costume with a cast of four playing a whole host of characters, Rain or Shine is sure to delight and enchant those new to the tale and those who already know it.

The tour includes a one night only performance at The Queen's Hall on Thursday 20th December at 7.30pm.

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Clever Christmas Decor

DESIGN AT HOME

By Fiona Evans, Cuckfield Interiors

Christmas is calling and it's time to think about decorations. The shops are full of them. In our modern world we've moved on from paper chains and tinsel, as choices in decorations include clever technology that are fun to play with to create a 'Christmassy' ambience. Instead of plugging in strings of lights to wrap around the tree we can now have smart fairy lights that leap into action with the use of an app or by asking Alexa to switch them on. Christmas lights generate a calm, magical, twinkling space full of atmosphere. I like battery operated LED lights. It means that they can be used anywhere, in small or difficult places, without plugging into a socket (but you do need to be able to reach the on/ off switch on the string of LEDs). White, coloured or flashing LEDs can be placed in glass containers such as jars, bottles, bowls or against mirrors to create something pretty unique. You don't even have to add lights to artificial trees now as some have inbuilt fibre optic lights which obligingly glow at the ends of branches when switched on or sparkle or flash with attached LED lights. Battery operated LED lights come in strings, ropes, curtains or clusters or made to look like flickering candles. Thanks to LEDs there is a whole world of Christmas lights out there which can change colour or hang on walls in shapes such as stag heads or Santa.

Then there is laser technology! A recent discovery in our household are dancing laser lights. Stars and shapes projected on to the floor or wall producing an animated display of festive shapes which small children love to dance and play in. We've come a long way from when real lit candles were clipped on to trees to signify that Jesus was the light of the world as nowadays clip on LED candles are a safer option.

Animated, noisy battery-operated toy Santas, snowmen and penguins can bounce, trundle or run across a carpet singing an infectious festive song or zoom across a string beneath the ceiling responding to sudden noise such as a clap, thanks to battery power and LED lighting. Massive inflatable, lit Santas and snowmen can inhabit your garden to welcome quests.

How about neon effect lighting to get you into a festive spirit? A spectacular lighting effect in all kinds of colours, shapes or lettering. These can be bought already bent into shapes to be hung on a wall or attached to stands. Or you can buy kits so that you can bend the neon effect string on to your chosen shaped wire into your own design.

Relaxing lava lamps can be bought in kit form so you can make your own soothing blobs of oil float around in light and colour within a beautiful bullet shaped vessel, all ready for Christmas.



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By Jacqueline Elmore

Follow me as we drive into the village. See the grandeur of Cuckfield Park on your left, past The White Harte Inn on your right, standing proud since 1881, around the winding bend flanked by colourful cottages and under the umbrella branches of the old cedar tree. At this point, as you curve round to the left, directly on your right you will find a quaint and cosy snug, host to both great coffee and culinary craft. Most of us will have seen Cuckfield's iconic 'Tom's Food' sign on their travels, but who is Tom and what is Tom's Food?

Tom is Tom Colvill.

Tom opened the Tom's Food cafe in August 2014, initially at the back of Nicky C - his Mum's shop - within a charming little room complete with aged beams, stone floors and an abundance of authentic character. Years later, following a reshuffle, Nicky C moved across the road and Tom moved his business to the front of the shop.

"Mum and I were always looking at doing something together, a sort of joint venture; a combined business. She helped with the design of the place. Mum is a talented interior designer and really has an eye for these sorts of things."

Fast forward and Tom's mum, Nicky, is back at the original site selling her wares, adding once again to the charm of the cafe and helping to create a welcoming, tranquil warm ambience felt by all who walk through the door.

"Obviously having mum in the back room selling her stuff certainly helps with the atmosphere. Mum and I are very similar in our tastes so we have a joint say in the overall look. Anything she buys for her shop she can obviously put in here - for instance the tables, chairs and some of the lamps are Mum's."

Tom spent most of his early life near the foot of the North Downs in Oxted, Surrey before leaving home for university where he studied building surveying. Following a period of work in London, Tom decided to try something different, something that he'd not done before, and something that he knew he'd enjoy. For Tom, that something was food.

Tom's interest in food and cooking stems from the lessons he learnt as a child growing up around his grandparents, particularly his grandmother - who turns 90 this month - who used to run a Bed and Breakfast in Findon.

"My grandmother is my inspiration. I remember baking bread with her as a kid. She was an amazing cook. She used to cook grandpa a three course breakfast every day before he went off to work. They were as fit as fiddles, swam in the sea and would eat anything - even dripping on toast!"

For Tom it's all about leading a healthy lifestyle, everything in moderation and learning new things.

"I change my lunch menu every two or three weeks and I like to push the boundaries. I like learning new things, so I never repeat the same menu. Modern British food is all very interesting but sometimes creating a fusion inspired by less well-known ingredients or something you've not tried before is just as fun."

Tom's Food is open Monday to Saturday as a cafe and then in the evenings, mostly weekends. It also caters for private groups.



"I started doing the private dinners when I first opened. I might have to prepare food for up to 20 people, normally three courses and a bespoke menu, but with that I have to plan ahead. I will scour the internet or look at my cookbooks for inspiration."

Tom recently got married and, with the help of his new wife Lorna, has begun hosting regular supper clubs which provide a more informal dining experience.

"With my wife around, we're trying to do more of the supper clubs together. I've just done a sherry evening with my cousin who works for Fortnum and Mason's in London where we created a five course sherry and food pairing. I hadn't really done anything that special before because it's normally casual dining, but it was a great success so I'm looking forward to creating more of this sort of thing in the future."

Tom is honest about the commitment it takes to get a small business up and running.

"When it's your own business you go to bed thinking about it and it's the first thing on your mind when you wake up. I order food every night for the restaurant and I cook it every day, so when I am at home I try my best to relax. Saying that, I truly love where I work."

It is clear that it is both Cuckfield itself and the people who live here that add to the attraction.

"Cuckfield is a lovely village, with very friendly people. It is small, so I do often see regular faces coming in to meet and enjoy a coffee. Once you've lived or worked somewhere for a certain amount of time you get to know people, and hopefully the people of Cuckfield feel the same way about me and visiting Tom's Food."

Tom's Food is housed in one of the oldest buildings on the High Street. Its low ceilings and quirky character go back as far as the 17th century.

"We've had so many people ask about the age of the property. And people saying 'oh my Dad used to live here' or 'I know someone that used to live here'. There was an old headmaster who was brought up here, and an elderly gentleman whose grandparents were raised in the property when it was a house. It's amazing to be part of the local history and I love that Tom's Food is on Cuckfield High Street."

It's clear that Tom's passion for cooking is something that he hopes to continue more of in the future. Perhaps another Tom's Food is in the offing? Or maybe we will see some Tom's Food jams and chutneys? For now Tom is happy focusing on the here and now rather than looking too far ahead.

Tom does, however, have a dream. It's not about fame or notoriety but about having a simple vision of quality and happiness for himself, his family and his customers.

"My dream, given the choice, would be to buy a smallholding with some stables, a farm and convert it into a small boutique hotel with a few rooms; sort of a bed breakfast and somewhere that you can host events."

It is a worthy dream and if Tom's Food is anything to go by then it will be a wonderful place to stay, and especially to eat, drink and enjoy the company of others.



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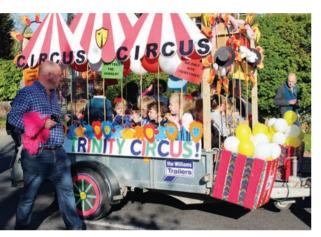




Winning float for Holy Trinity School

By David Tingley

Cuckfield's Holy Trinity School was the proud winner of Best Float in the Mayor's Procession back in October. Although we featured lots of images from the event in last month's issue, we were very remiss and didn't include this winning effort. So here it is, complete with John the driver, who dressed up as The Greatest Showman! Well done to the school.







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He was on earth so that you may be in the stars

Ambrose

Dear friends.

Christmas is almost upon us - the season of goodwill and the heartwarming glow of family and friends gathered together in celebration. Giant Santas and huge LED laden reindeer, Christmas trees and bells decorate communities and shopping centres the world over.

It seems far removed from the original event of the birth of the baby whose name the day bears, or indeed the lives of those who, for whatever reason, will find no celebration possible. Yet it is precisely for this reason that, if we strip the tinsel away, we find the true meaning of Christmas.

Ambrose (who lived in the 300s), pondering Luke's radiant account of the Nativity of Jesus, decided that it reflected every aspect of our lives. In Jesus is offered the possibility of true freedom, continual transformation and a call to the knowledge that we are loved beyond measure. What could be better?

With all best wishes for Christmas and 2019.

Michael (Vicar)

The Cuckfield Nativity Thursday 20th December at 6pm

with live animals

Join us again as we journey from the church, hearing the Christmas Story as we travel through the churchyard and area around the church, singing carols, meeting Mary and Joseph, angels, shepherds, Fluffy (and other) sheep, donkeys and kings before we find the Holy Family at the Old School. Bring a torch, and it is probably best to wrap up warm!





Sunday 16th December

8am Holy Communion

9.45am Family Nativity and Carol Service

6pm A Festival of Nine Lessons and Carols (followed by refreshments)

Thursday 20th December

6pm The Cuckfield Nativity

Sunday 23rd December

8am Holy Communion 9.45am Parish Eucharist

Christmas Eve (Monday)

2.30pm Crib Services (church)4pm Crib Services (church)4pm Stable Service (Old School)

11.15pm Midnight Mass

Christmas Day (Tuesday)

8am Holy Communion

9.45am Family Communion with carols







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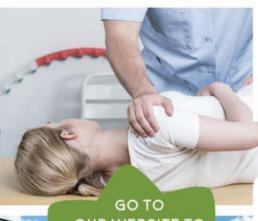








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More police officers in Sussex

Sussex Police has started the biggest intake of new police officers for over a decade. This has been made possible by the increase in police precept of an average £12 for a band D property, and the PCC releasing £17million from reserves. It means that, over the next four years, Sussex will have 200 more police officers on the frontline than it does today.

Although residents are pleased to hear that local policing will be strengthened by these 200 extra officers, they are already indicating that they would like even more. That is why the Sussex Police and Crime Commissioner, Katy Bourne, has opened a survey on her website to gauge potential support for raising more funding locally if the Government lifts the current cap on the police precept.

Please take a moment to make your views known on this link https://www.snapsurveys. com/wh/s.asp?k=154038317338







Starting school in September?

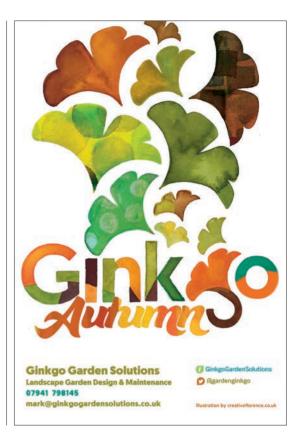
The application process for school admissions in West Sussex is well underway and, if you haven't already applied, here is some key information:

If your child's date of birth is between 1st September 2014 and 31st August 2015 it is now time to apply for their school place. You must provide an email address to apply online. You need to apply online by visiting www. westsussex.gov.uk/admissions or by calling 03330 142903.

Tuesday 15th January 2019: National closing date for starting school applications. You must submit your completed application by this date. Failure to do so will affect the priority attached to your application.

Tuesday 16th April 2019: Online applicants are notified by email, and others by second class post, which school their child is offered.

In the information given out by WSCC it stresses: 'If your application is received after the closing date of Tuesday 15th January 2019 your chance of securing a place at one of your preference schools could be seriously affected.'.





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By Jacqueline Elmore

Cuckfield Dramatic Society (CDS) has been entertaining the local community, on and off, for over 50 years and right now it's rehearsing for its next big production, 'A Christmas Cabaret'. The running theme for this year's event is the music of the 1970s; in particular some of the classic performances seen on Top of the Pops during what some referred to as 'the Me decade'.

For those of you old enough to recall the 1970s, you might remember it as 'the' decade, where popular culture and politics truly collided. Nixon invaded Cambodia. The Beatles parted ways. Tie dye and bell bottoms were worn with straight faces. Along with many iconic moments, the 1970s is best known for its music: Punk, Progressive Rock and D.I.S.C.O are just a few of the melodic movements that gained momentum.

This will be the fourth year running that Cuckfield Dramatic Society has put on its Christmas Cabaret, and local resident and CDS Secretary Martin Sheldon believes that this year's show might be the biggest and best to date: "We've got some really fantastic stuff planned. If you love the 1970s then you're in for a treat. There is something in the show for everyone: from Bowie to T-Rex, from Elton John to Neil Diamond and from Fleetwood Mac to Richards and Jagger. We've got it all."

Martin moved to Cuckfield not long after the rebirth of CDS in 1997.

"When we first arrived in Cuckfield we popped into the White Harte Inn for a quick drink and someone started

talking to my wife, Harriet. He asked her what she had planned now that she had moved to the village, and she said 'I was thinking of joining an amateur dramatic society' and he said 'well that's terribly convenient, because I'm the Chairman'!"

Shortly after, Martin's wife persuaded him to help with stage-building. Martin's later motivation for acting was to improve the quality of presentations he delivered at work. By getting involved Martin hoped to learn some new insights and techniques to improve his presentation style.

Martin himself dedicates up to 20 hours a month to Cuckfield Dramatic Society, and even more time if there is an active production being delivered. Not only does Martin act, he also helps with set design, administration, organisation and on occasion has even been known to wear the producer's hat.

However, it has not always been plain sailing and it takes commitment from all to make the society a success: "About ten years ago the society nearly closed, mainly because the original members were getting older, some had moved away and some simply lost interest."

Nowadays Cuckfield Dramatic Society produces a summer and an autumn play as well as club nights and other social gatherings. Its annual February Frolic (a one act play, sketches and a meal) draws in a loyal and enthusiastic crowd and for the last three years it has hosted a Christmas Cabaret at the Queen's Hall all decked out according to the theme of the evening.

"Our first ever Christmas production featured material from the real 'Cabaret' so it was a nod to the Burlesque era and to 1930s Berlin. We also threw in some 1940s American swing for good measure. The year after it was 1950s rock and roll, and last year we romped through the music of the 1960s."

One of the most successful productions that Cuckfield Dramatic Society has performed thus far was its adaptation of Arthur Miller's 'The Crucible' which was performed in 'the round' (a style of theatre where the audience is placed on at least three sides of the stage).

Looking further into 2019,

Cuckfield Dramatic Society is currently holding auditions for its next big production 'Stepping Out'. "We've already starting planning for that one. So we'll be looking for dancers, and some people that can't really dance particularly well but that we can help choreograph and teach the routine to."

For Martin, living in Cuckfield means getting involved in community based projects, something that gives Martin a lot of enjoyment: "There are a number of reasons why I enjoy living in Cuckfield. There is an



Photos: Steve Bishopp

incredible sense of community here in the village. I think it's a very warm place. It's small enough so you can get to know most of the people within it. And when you walk down the High Street you don't have to look very far for someone you know."

For tickets to the 2018 Cuckfield Dramatic Society Christmas Cabaret please visit www.cdsweb.co.uk/audience/ticket-sales

And for further information on how to get more involved in CDS life please email: info@cdsweb.co.uk.



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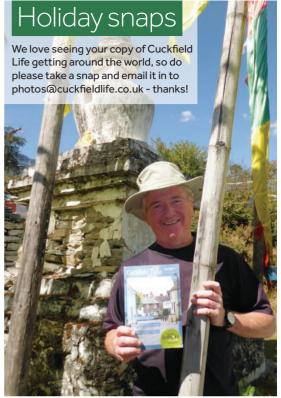
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David Spear at Pavati Kund Temple in Nepal

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Lifesaving knowledge

Where's your nearest defibrillator?

We last ran this article in February this year - and we vowed to run it on a semi-regular basis for the good of the community.

At Cuckfield Life we'd like to encourage everyone living and working in the village to familiarise themselves with the sites of the lifesaving defibrillator machines and learn how to use them.

After the recent discovery that the Whitemans Green defib had been stolen - we have changed the map to reflect this. But we also know of three more defibs at sports facilities in that area. There are also two machines in Bolnore Village – at The Woodside and at the Primary School, both of which are publicly accessible.

Several of the machines have been provided by the Sussex Heart Charity - and an application has already been put in to it see if funds may be made available for a replacement of the Whitemans Green unit. We also understand that the local Co-op store has pledged £250 to fund a new or replacement defib, plus the Independent State of Cuckfield has said they will be funding a defibrillator in full for either Whitemans Green

or outside the Co-op at that end of the village. Watch out on our pages for news of these new installations.

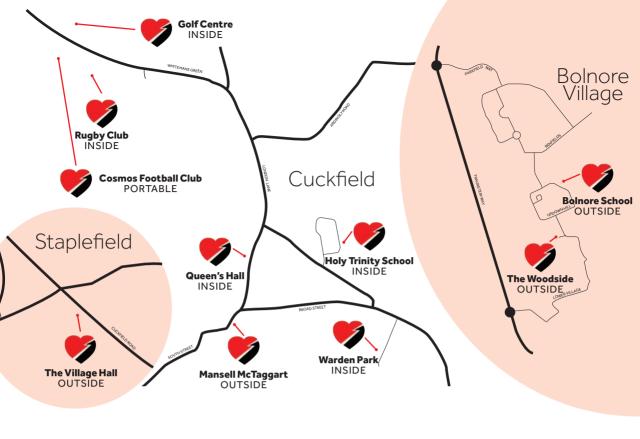
All of the machines are portable and contain full instructions, but why not give yourself a head start with an online tutorial?

Cuckfield resident Wendy Tracey-Roberts-Macrae needed to make use of the Whitemans Green machine when her neighbour collapsed. Unfortunately nobody on the scene knew where to locate this, so Wendy now strongly recommends we all get to know where our machines are and to have a go at the Lifesaver app, which is free to download on to an iPad or any smart phone. The app is also recommended by the Resuscitation Council. "Anyone, regardless of age or ability, can learn how to help," says Wendy. "Please give it a go. With our emergency services so overworked, we as communities can get better at helping ourselves, and it really does make a difference."

To download the app, visit the website: www.resus.org.uk/apps/lifesaver









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By Luke Mitchell

An excellent programme was performed on 10th November to commemorate one hundred years since the armistice which ended the First World War.

The evening concert, which drew an audience that filled Holy Trinity Church, included music by composers who wrote for the era: Holst, Vaughan Williams and George Butterworth, who died on the Somme in 1916. A wide range of talent was on display, applied in different contexts to give a texturally diverse show: Sussex folk songs were performed by Bonnie Flitney, Reverend Michael Maine gave voice to two moving songs (accompanied by Caroline Tyler on piano) and a group of village men gave a rendition of Silent Night, fully resplendent in soldiers' uniforms to reflect the 1914 Christmas Day truce. Warden Park and Oathall orchestras embedded a sense of tradition with a mournful performance of Elgar's Nimrod.

Jane Haughton, who directed the music, said: "My starting point was using the music as a vehicle for remembrance. I think it's wonderful to remember it in music, because a lot of people know the war poets, but they don't know the music so well."

The highlight feature of the programme was a performance of All That I Am, an original piece composed by Andrew Thurgood with words by Sally Symes. A choir (made up of 52 local people), flute (Sam Davies), cello (Hannah Carter), a treble soloist singer (Fearghus Beauchamp) and two talented solo singers Oliver Pilgrim and Isabelle Worssam conveyed simultaneously the serenity of home in Sussex and the horror of war on the front, by means of music that flows seamlessly between beautiful and discordant. The narrative is based around two real Cuckfield residents: a love story of George and May Botting who had only just married when war broke out. This beauty and discordance in the music portrays a profound story of two lovers split between two worlds: that of Cuckfield and that of the front.



Sally explained a little bit about the process of realising this story in music: "It felt right to use a love story. It was a love story of George and May, but also a love story of him and his country, which was a bigger picture. We used that, juxtaposed against him giving his vow to May: 'All I am I give to you'. All he was he gave to his country; it seemed like the perfect way to do the song". She also outlined some of the history of these two worlds and how, although they were far apart, the effects were tangibly felt: 'One of the letters that May sends to George says that the windows in Cuckfield were rattling with battle fire'.

Cuckfield Remembers was drawn to an appropriate close on the Sunday evening with a beacon being lit on Whiteman's Green – accompanying other villages and towns nationwide that did the same. The rain didn't deter Cuckfield residents from coming to pay their respects en masse – a spectacle which, along with the concert the night before, exemplified the importance of remembering profound loss of life a century ago.

An errant tenant

LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

Question: I am a landlord of a residential property having granted an Assured Shorthold Tenancy agreement (AST) to a tenant. The tenant has failed to pay the rent and I want to evict him. How do I do this?

Answer: There are two routes available to a landlord wishing to recover possession of a residential property. Which one to use is dependent on whether the term of the AST has expired. Both procedures are outlined in the Housing Act 1988.

Firstly, irrespective of whether the tenant has breached the terms of the AST, a landlord is entitled to demand possession of the property when the term has expired provided that he gives the tenant at least two month's written notice in advance (called a Section 21 Notice). If the tenant still refuses to leave, the landlord can issue possession proceedings in the county court to obtain a court order. Obtaining possession via this path is known as the non-fault based route.

If, however, the tenant is in breach of the terms of the AST the landlord may, at any time during or after expiry of the term, seek possession by issuing the tenant with a different notice (known as a Section 8 Notice) demanding that the tenant leave within 14 days or face court proceedings. The Notice must highlight the breaches being relied on and those breaches must fall within one of the categories identified in the Housing Act. The relevant category in your case being 'nonpayment of rent'. Others include 'breach of some other term of the AST' and that the 'tenant has been convicted of a serious offence whilst at the property'. The ground must be included in the Section 8 Notice and in the subsequent court proceedings should they become necessary. This route to recovering possession is often referred to as the fault-based procedure.

If the rent is payable monthly, at least two months' rent must be outstanding before you are able to issue a Section 8 Notice relying on non-payment of rent. If the tenant then ignores the Notice, continues to refuse to pay rent and proceedings are issued against the tenant, then the court will make an order granting the landlord possession of the property.

Possession claims can be complicated, particularly if they are contested by the tenant. It is crucial that you have complied with the various statutory obligations that are imposed on landlords before you even consider serving Notice on the tenant. For example, the landlord must protect the tenant's deposit in a government approved scheme and have provided the tenant with various documentation at the start of the tenancy. Moreover, there are a number of practical issues that must be addressed before you can take legal action to evict your tenant, such as ensuring the property has a valid EPC and that it is fitted with smoke alarms.

Martyn can be contacted by email on mgooch@ rohansolicitors.co.uk or by telephone 01444 450901.

Is everything sorted?



Christmas Tree



Presents



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A little help from our friends

The trustees of Cuckfield Cottage Homes Trust would like to thank the Co-op food stores in the village centre and in Whitemans Green for raising £2,310.55 to help with the maintenance of the Trust's six cottage homes.

A very big thank you to all the staff of the two local Co-op stores for supporting this great initiative, and also to all the Co-op's loyal customers. This funding helps the Trust to provide safe, warm and comfortable homes for deserving local older people. Located near Holy Trinity Church, the homes were built in 1882 and are therefore 136 years old. The Co-op funds will be used to ensure that these homes continue to be well maintained. and updated to modern standards. This money was raised via the Co-op's Local Community Fund - a (1%) donation is made to the local causes when Co-op customers use their light blue membership card.

The photo shows CCHT trustees Stephen Gaimster and Terry Bevan receiving a cheque from Co-op staff.



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RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@cuckfieldlife.co.uk



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

With Christmas just around the corner, here are some tips to improve your recycling into the New Year.

Did you know Christmas is the busiest time for our recycling team, so we would appreciate your help.

- · Any items that have a plug, use batteries, need charging or have a picture of a crossed out wheelie bin on, as shown here, are known as Waste Flectrical and Electronic Equipment (WEEE). Take these and broken Christmas lights to your local Household Waste Recycling Site ('the tip') - the Small Electricals Recycling point
- · When buying your Christmas wrapping paper, avoid metallic/plastic film or glitter - do the scrunch test - if it stays scrunched it can be recycled. Remove large bows and as much sellotape as possible
- · Check your Christmas bin collection dates and Christmas recycling tips www.midsussex.gov.uk/waste-recycling
- Take real Christmas trees to your local council Christmas tree recycling point www.midsussex.gov.uk/treerecycling
- Tops off all bottles and containers please, and put in your rubbish bin. Remember 'Clean, Dry and Loose' in your recycling bin
- Remove non-recyclable packaging from boxes, such as polystyrene/plastic wrap and film, and place in your rubbish bin
- · Large cardboard boxes fold flat if too large for recycling bin then please tear into smaller pieces (cereal box size) and place in recycling bin or take oversized cardboard to the Household Waste Recycling Site ('the tip') - do not leave to the side of the recycling bin as will get wet, and wet cardboard cannot be recycled and will not be collected
- Christmas cards can be recycled in your blue bin, or with your favourite charity
- Please do not place batteries in your general rubbish bin or your recycling bin at home – these can spark and cause fires – please recycle them at shops that sell batteries. They all have battery recycling points, usually near the checkout
- · Black plastic food trays can be recycled

Do keep your individual questions coming on specific items you are not sure can be recycled. One email to editor@cuckfieldlife.co.uk, with a picture if possible, and I can let you know.

May I wish you all a very Happy Christmas and a Healthy New Year.

Be part of the Village **Show competition...**

Although it may seem like a long time away. Cuckfield Society are asking residents of the village to consider what they will be entering into the Village Show on 7th September 2019.

Next year's event will be the 14th annual Cuckfield Village Show and will be held at the Baptist Church, on Polestub Lane, as last year.

The list of entry classes is shown on the opposite page - some require more planning that others - hence this early notifcation!

Perhaps you fancy your chances at cultivating the Heaviest Marrow? Maybe flowers are more your thing? Or baking, art or photography? There's even classes specifically for children at various ages, including preschoolers.

Do have a peruse of the list here and begin working out what you'd like to enter.

More information on the event can be found on the website: www.cuckfield.org - entry forms will be available, but not until July.

Cuckfield Village Show takes place on 7th September between 2.30-4.30pm.



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CUCKFIELD VILLAGE SHOW 2019 LIST OF CLASSES

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68



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3	5 broad bean pods
4	5 French beans
5	Heaviest marrow - 1st prize only
6	Heaviest pumpkin - 1st prize only
7	A pumpkin or squash - not exceeding 30cm
8	3 mixed squash
9	5 onions from either seeds or sets, under 250g (9oz) each
10	3 onions from either seed or sets, over 250g (9oz) each

**	2 Stidilots
12	3 leeks
13	5 mushrooms

Caballata

11

15

13	5 mushrooms
14	A bowl of edible leaves - max bowl size 30cm diamete
15	Posy of mixed herbs judged for variety

10	Beersteak tomato
17	5 tomatoes any variety
18	A head of celery
19	5 radishes
20	2 cucumbers

19	5 radishes
20	2 cucumbers
21	3 white potatoes
22	3 coloured potatoes

23	Heaviest potato - 1st prize only

24	3 carrots
25	3 beetroot
26	3 peppers
27	3 chillies
28	A brassica
20	A bound of Coules

29	A bunch of Swiss chard
20	

30	3 courgettes, not exceeding 20cm long
31	The Jo Roche Cup - Selection of homegrown produce in a container

32 Most spectacular vegetable 33 Most amusing vegetable (can enter on the day)

FRUIT

34	3 eating apples
35	3 cooking apples
36	3 pears

Plate of soft fruit (15 - 20 items)

38 A plate of exotic fruit

FLOV	VERS
39	3 dahlias - cactus or semi-cactus variety
40	3 dahlias - decorative variety
41	3 dahlias - pom pom variety
42	3 dahlias - ball variety
43	1 dahlia any variety, one specimen bloom
44	The single most fragrant rose
45	5 roses
46	A posy of flowers
47	3 delphiniums

FLORAL ART

48	A floral arrangement, with any accessories, inspired by a song, not	
	exceeding 45cm in any direction	
49	An arrangement in a jam jar	

A table centre piece

FOOI	FOOD AND DRINK					
51	The Katie Stewart Cup - Katie's Plum Tart					
52	Lemon meringue pie					
53	Vegetarian savoury flan					
54	3 Chelsea buns					
55	5 Viennese whirls					
56	3 ginger biscuits					

57	5 falafel
58	A ramekin dish of hummus
59	3 bread rolls
60	A speciality loaf
61	3 parmesan shortbreads
62	3 savoury muffins
63	1 jar chutney any recipe
64	1 jar jam
65	1 jar fruit jelly
66	1 jar red onion marmalade

1 jar marmalade any flavour

1 bottle homemade fruit spirit

TS
An upcycled garment
An item of woodwork
An item of embroidery or tapestry no bigger than 60cm
A hat
A knitted or crocheted item of clothing
A bag - any medium
A handmade greetings card
A cushion

ART (Max size 60cm H, 60cm W, including frame)

77	A lino print
78	A landscape - any medium
79	A portrait - any medium
80	A still life - any medium
81	An abstract - any medium

PHOTOGRAPHY (Max size 20cm H, 20cm W, unmounted)

82	Enthusiasm
83	The spirit of Cuckfield
84	Beach
85	Destruction
86	Transportation picture (old or modern)

KEY STAGE 3 & 4

87	Something I've made at scho
88	Make a mobile phone case
89	Savoury quiche (no fish)
90	Design a bracelet

KEY STAGE 2

91	Something I've made at school
92	Write a poem
93	3 flapjacks
94	Build a mini magical creatures garden from foraged materials

KEY STAGE 1 & RECEPTION

95	Something I've made at school
96	A piece of art made from the recycling bin
97	Necklace made from dried pasta
98	Create a character from the Lion King

PRE-SCHOOLERS

99	Something I've made at pre-school
100	Something I grew
101	A hand print picture
102	A mask



Cranberrry and raspberry relish

(Makes about 300ml.)

Combine 1 small very finely chopped onion with 3tbs red wine vinegar in a pan and cook, stirring until the onion is softened. Stir in 4tbs orange fine-cut marmalade, 1tbs grated fresh ginger and 250g each of fresh or frozen (no need to thaw) cranberries and raspberries. Cook over low heat, stirring frequently, until the fruit has softened and the mixture thickened slightly. You could add some roughly chopped pecans or walnuts at this stage. Pot, cool cover, and refrigerate.

Chestnut mousse (Serves 6-8)

Dissolve 75g soft brown sugar in 2tbs hot water, then add 2tbs rum. Whisk together 439g can unsweetened chestnut puree and 500g plain full fat Greek yogurt until smooth then slowly whisk in the rum syrup. Spoon into individual glasses and chill for several hours. Cover if overnight. To serve sift over icing sugar and top with a marron glace.



By Caroline Young

The cranberry, a fairly recent addition to our festive menus, has long been a staple ingredient in America both for Thanksgiving and Christmas meals. Wild cranberries, which grow in sandy bogs on trailing vines, were harvested by the American Indians and then by the English settlers, the Pilgrim Fathers, in the New England States where they must have been a very welcome addition to their spartan diet. Today they are harvested using mechanical scoops and often transported back to the packing plants by helicopter to protect the vines and bogs. Knowing the history of these little tart berries perhaps we should accord them a bit more respect! Instead of just opening a supermarket jar, why not make this very delicious relish yourself? For a special Christmas breakfast treat lightly toast thick slices of the bread and serve hot spread with butter or cream cheese.

Cranberry and banana bread Measure 3tbs milk and 1tbs white wine vinegar into a

Measure 3tbs milk and 1tbs white wine vinegar into a small bowl and leave for 10 min. Preheat oven 160°C. Butter and line a 2lb loaf tin.

Beat 115g butter and 200g caster sugar until fluffy, beat in 2 eggs then 2 well mashed bananas. Sift over 300g plain flour and1tsp bicarbonate soda, add the milk mixture and gently blend together. Stir in 75g dried cranberries. Spoon into pan, level top and bake 50-60 min until the bread tests cooked. Leave in the tin for 5 min then turn out on to a wire rack to cool. May be frozen

Festive bread and butter pudding

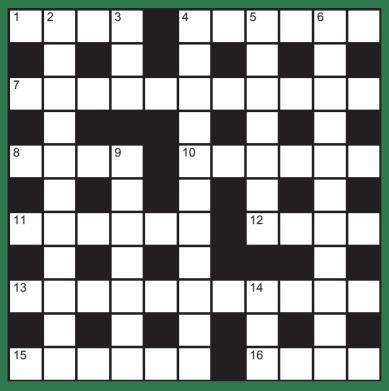
(Serves 4-6)

Arrange slices of panettone bread in a shallow ovenproof dish, slightly overlapping like roof tiles and tucking chopped candied fruits or mincemeat in between each slice. Whisk together 2 eggs and 600ml full cream milk or single cream. Strain over the bread and leave to stand for 45 min. Bake at 170°C for 45 min or until the top is crisp and golden.

Have a delicious Christmas!



Family crossword



Got 20 mins spare? Have a go at this crossword - which should be varied enough for all ages to answer some clues. Answers listed on p. 51

Across

- 1 Agitate (4)
- 4 Suppose (6)
- 7 Astronomical model (11)
- 8 Literary work (4)
- 10 Anglo-British WWII agent (6)
- 11 Gaming tile (6)
- 12 Group of three persons (4)
- 13 Brave (11)
- 15 Capital of Greece (6)
- 16 Prickly seed vessel (4)

Down

- 2 Switchboard operator (11)
- 3 Flee (3)
- 4 Those who study heavenly bodies (11)
- 5 Snake (7)
- 6 Climber (11)
- 9 Systematically arranged body of facts (7)
- 14 Steal from (3)

Dave 'G'

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Sudoku #30

	9	8	7	2	3	5
		3			6	
	7			9		
8	3				9	
						6
6	5	1			2	7
					7	3
	2			1		
		9	3	6	4	

Find the solution to #30

in next month's magazine

Courtesy of http://andrews-sudoku.blogspot.co.uk

#29 Solution

6	2	5	7	1	9	8	3	4
9	7	4	5	8	3	6	1	2
3	8	1	2	6	4	5	9	7
4	6	3	9	5	8	7	2	1
7	9	2	1	4	6	3	8	5
1	5	8	3	2	7	4	6	9
2	4	7	8	3	1	9	5	6
5	3	6	4	9	2	1	7	8
8	1	9	6	7	5	2	4	3



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By Leanne Knapman

Well what an exciting time I've had at the start of my term as mayor! Saturday 3rd November saw me down at Cuckfield Park lighting the bonfire. A huge thanks to all those involved in helping to run the event. It raises a large amount of money for the village school and other local good causes. I've seen firsthand just how much planning goes into the event so it's always lovely to see so many people enjoying the evening with their families.

Remembrance Sunday was a sombre day, starting off with me having the honour of laying a wreath at the memorial service outside the church. It was quite possibly the busiest service I have seen in years.

That same afternoon the Independent State of Cuckfield (ISOC) held a tea dance at The Queen's Hall. Well done to Kate and all her helpers for putting on a fantastic event that was enjoyed by people of all ages. The cakes on offer were truly mouth-watering! After the dance, I just had time to take my children home for a quick bite before it was time to head up to Whitemans Green, where the bonfire crew had been busy once again setting up a beacon on the pitch.

It was my absolute pleasure to be asked to light the beacon on this amazing remembrance occasion. I do hope you all managed to take part in some of the wonderful events that were put on as part of the Remembrance weekend to pay tribute to those who fought and never returned.

I'm now speeding towards Christmas and looking forward to all that entails!



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What's on this month

FI SEWHERE

December

- 12th RBL Women's Section Cuckfield 2.30pm The Old School Cuckfield - Pantomimes Doug Eaton and Party
- 12th The Arts Society Mid Sussex 10am Clair Hall, Haywards Heath - Lecture: Jane Austen's Christmas by Dr Claire Walsh (£7 on the door)
- 13th Haywards Heath Ceramics Group 10am Clair Hall, Haywards Heath - Jacqui Pearce on 'Looking at Clay Pipes - Hidden Treasures' (Tickets £8, 01444 483372)
- 14th Cuckfield Flower Club 7.30pm

 Methodist Church, Haywards Heath Tis the
 Season by Eleanor Bracken
 (Sue Spooner, chairman on 01444 831602)
- 14th Carol Concert 3.30pm Holy Trinity Church – Organised by members of Mid Sussex Dementia Forum. Concert followed by Christmas Café from 4.30pm
- 18th Cuckfield Evening WI 7.30pm
 The Baptist Church, Polestub Lane Christmas
 Party for the Members
- 18th Christmas Special Concert 1pm
 Haywards Heath Methodist Church Lunchtime
 concert by Ensemble Reza, including Howard
 Blake's The Snowman. Refreshments and mince
 pies from 12.30pm.
- 18th Advent Carol Concert 8pm
 Ardingly College Chapel Vivaldi Gloria and
 carols, charity concert by Ardingly Choral Society
 (free entry, fundraising for St Peter & St James)

January

- 4th New Year Organ Recital 1pm
 Holy Trinity Church Michael Maine plays a
 programme of old and new favourites (free)
- 16th The Arts Society Mid Sussex 10.45am Clair Hall - Lecture: Undressing Antiques by Mark Hill (£7 on the door)
- 17th HH Ceramics Group 10am Clair Hall - Tessa Wolfe Murray 'From Travel to Templates - a Life of Slab Building Pots' (Tickets £8, call 01444 483372)
- 17th National Trust 2.30pm Clair Hall - Talk: 'Sir John Gage & Firle Place' by Helen Poole

What's on this month

AT THE QUEEN'S HALL

Monday

9.30am Pilates (intermediate)

9.45am **Yoga Boutique** (Term time only) 11.15am **Yoga Boutique** (Term time only)

10.30am Pilates (beginners)

1.30pm Dance Classes for Children
3.45pm Dance Classes for Children

7.30pm **Dog Training**

Tuesday

9.30am Tiny Tekkers

1.30pm **Yoga**

3.45pm Dance Classes for Children

7.30pm **Dog Training**

Wednesday

10.30am Pre-school Singing

10am Stroke Support Activities12.30pm Zumba Dance Class

1.30pm Line Dancing Class

3.30pm Dance Classes for Children

7.30pm **Yoga**

7.45pm Ballroom Dance Club

Thursday

9.15am Yoga

9.30am Pre-school Dance Class

10.30am Yoga

7.30pm Wedding Dance Class

7.30pm **Yoqa**

Friday

9.30am Pre-school Singing

Changes may occur to the above details, especially during the summer – when some events don't take place. Please note contact details for all regular classes/activities are available on the Notice Board at The Queen's Hall.

December

13th Parish Council Meetings

7.30pm: Planning, 8.15pm Estates

20th Rain or Shine Theatre Co - Doors 7pm

Sherlock Holmes and the Curious Case of Dr Jekyll and Miss Hyde (Tickets £10/£6)

January

3rd Parish Council Meetings

7.30pm: Planning, 8.15pm F & GP

24th Parish Council Meetings

7.30pm: Planning, 8.15pm Full Council

AT WOODSIDE

Monday

9.45am Sing & Sign (3 sessions)

4.30pm Hayley Beeson School of Dance

7pm **DDMX Dance Fitness**

8pm Kickboxing 8.15pm Becca Lee Yoqa

Tuesday

9.30am Pilates

5pm Beavers/Cubs

7pm Pole Fit

Wednesday

9am Falcon Health Chiropractors

9.45am Yoqa

5pm Hayley Beeson School of Dance

7.15pm Scouts

Thursday

10.30am Creation Station

5pm **Beavers**

7pm Bounce & Burn 8.15pm Bounce & Burn

Friday

9.30am Saplings

7pm Woodies Bar (subject to private hire)

7pm Pole Fit

Saturday

9am Hayley Beeson School of Dance

2pm AFC Bolnore

4pm Post-football Bar (match days)

Sunday

4pm Grace Church

4pm Messy Church (last Sunday/month)

4pm Woodside Netball Club

7.30pm **Zumba**

Note: The Hub (out of school club) runs every weekday 7.30am-9am and 3.30pm-6.30pm. Bolnore Village Preschool is open every weekday starting at 9am (term time only).

December

15th Christmas Quiz - 7.30pm

Jim Hoodless is Quiz Master and runs this last, and best, quiz of the year! Book your table early via alison.events@bolnore.org.uk

January

26th Quiz Night

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Out & About

Cuckfield Baptist Church	.14, 35
Cuckfield Local Food Market	2
Ockenden Manor	19
Spice Village	2
The Cuckfield Society	43

Education/Childcare

Gielgud Academy	17
Norto5 Kidz (daycare)	3
Stagecoach	44
Sussex Tuition Centre	16

Health/Lifestyle

Amy Packer Permanent Makeup	47
Blissimo Beauty	18
Cuckfield Dental Practice	2
Honeycomb Hair Lounge	10
Promedica24	15
Swoove with Amy	16
The NineDot Partnership	23
The Perrymount Clinic	29
Wickwoods Country Club (hotel & spa)	24

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